

# **Executive Summary**

2022-2026 Florida State Health Improvement Plan





## **State Health Improvement Plan Steering Committee**

Agency for Health Care Administration Florida Department of Elder Affairs

Agency for Persons with Disabilities Florida Department of Environmental Protection

Feeding Florida Florida Department of Health

Florida Agricultural and Mechanical University Florida Department of Juvenile Justice

Florida American Indian Health Advisory Council Florida Department of Transportation

Florida Association of Community Health Centers Florida Hospital Association

Florida Association of Health Planning Agencies Florida Housing Finance Corporation

Florida Association of Health Plans Florida Institute for Health Innovation

Florida Behavioral Health Association Florida International University

Florida Blue Florida Philanthropic Network

Florida Chamber Foundation Florida State University

Florida Dental Association Office of Attorney General Ashley Moody

Florida Department of Agriculture and Consumer United Way of Florida

Services University of Florida

Florida Department of Children and Families University of Miami

Florida Department of Economic Opportunity VISIT Florida

Florida Department of Education

































































# Florida Announces the 2022-2026 State Health Improvement Plan

In 2011, Florida's Department of Health (DOH) initiated a statewide health improvement planning process to enhance public health and the performance of the public health system. This effort was at the direction of the State Surgeon General with the broad goal of enhancing public health and the performance of Florida's public health system. The process required extensive participation from state and local government agencies, healthcare providers, employers, community groups, universities, schools, and environmental organizations. This collaborative approach continues to grow as partners join to foster shared ownership of the state health improvement plan. The most recent iteration of this process resulted in the creation of Florida's 2022–2026 State Health Improvement Plan (SHIP), a five-year blueprint designed to drive efficient and targeted collective action to improve public health.

#### The Process

To develop the SHIP, the partnership conducted a comprehensive State Health Assessment (SHA) that identified the most pressing health issues affecting Floridians. This assessment relied on data about the health status of Florida residents, the public health system's effectiveness in delivering essential services, residents' perceived quality of life, and the influence of non-health factors on current and future health outcomes.

Emerging from the SHA key findings, the SHIP Steering Committee set priorities in seven critical areas by recognizing cross-cutting strategic issues.



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With the priority health areas determined, the SHIP Steering Committee created Priority Area Workgroups (PAWs) and tasked them with identifying impactful goals for each of the seven priority health areas. Proposed goals were presented by PAW Chairs to the SHIP Steering Committee for approval. Once priority area goals were aligned, the PAWs gathered to define specific, measurable, achievable, realistic, and time-bound (SMART) objectives for each priority area goal. After a series of meetings, the SHIP Steering Committee reached consensus on goals and objectives for each priority area

that will ultimately outline the path forward for enhancing the health of Floridians.

### Implementation of the SHIP

PAW partners will track and report metrics toward implementation of the SHIP over the course of the five-year plan. This includes meeting quarterly to discuss progress and identification of actionable solutions or revisions to increase the effectiveness of the SHIP.

PAWs will recommend enhancements to the plan to the SHIP Steering Committee who will, at a minimum, meet twice per year to monitor progress and once per year to revise the plan. The process of collective monitoring, status reporting and continuous improvement will ensure the plan remains relevant and effective.

A new and improved website has been developed to provide information around the 2022-2026 SHIP as well as previous iterations of the SHIP. This website will serve as a resource to PAW partners, the SHIP Steering Committee and all Floridians.





# Alzheimer's Disease and Related Dementias

Alzheimer's disease is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills, and eventually the ability to carry out the simplest tasks. It is the most common cause of dementia among adults aged 65 years and older. Previous studies have shown that African Americans are about twice as likely and Hispanics are about one and a half times as likely to develop Alzheimer's disease or other dementias compared to older White Americans. Women are also at a higher risk of developing Alzheimer's than men. Currently, two-thirds of Americans with Alzheimer's disease are women. There is no known cure for Alzheimer's disease; however, innovative research may provide hope for prevention and effective treatment for the disease.

#### GOAL 1

Strengthen the capacity to address Alzheimer's disease and related dementias.

#### GOAL 2

Ensure a competent Alzheimer's disease and related dementias workforce.

#### GOAL 3

Enhance support for those living with Alzheimer's disease and related dementias and their caregivers.





# **Chronic Diseases and Conditions**

Heart disease, stroke, type 2 diabetes, cancer and illnesses related to tobacco use are among the most common health problems affecting people of all ages, socioeconomic statuses and ethnicities. Risk factors – lack of physical activity, poor nutrition, tobacco use, excessive alcohol use, the environment and social and economic factors – cause much of the illness, suffering and early death related to chronic diseases and conditions.

#### GOAL 1

Reduce new cases of cancer and cancer-related illness, disability and death.

#### GOAL 2

Improve cardiovascular health by reducing new cases, disability and death from heart disease, stroke and other related illness.

#### GOAL 3

Increase palliative care access and use.

#### GOAL 4

Reduce the burden of diabetes and improve quality of life for all who have or are at risk for diabetes.

#### GOAL 5

Improve respiratory health.

#### GOAL 6

Promote the attainment and maintenance of health through health nutrition, physical activity and supportive lifestyle behaviors.

#### GOAL 7

Improve oral health.





# Injury, Safety and Violence

Unintentional injuries such as falls and motor vehicle crashes, and intentional injuries such as intimate partner violence are a major cause of death for people ages 1 to 44 years; however, most events are predictable and preventable.

#### GOAL 1

Prevent or reduce childhood injuries.

#### GOAL 2

Prevent or reduce adult injuries.

#### GOAL 3

Prevent or reduce injuries in vulnerable populations.

#### GOAL 4

Increase mitigation of Adverse Childhood Experiences (ACEs) as a statewide prevention strategy.





# **Maternal and Child Health**

The well-being of women, infants, children and families determines the health of the next generation. Events over the life course influence maternal and child health risks and outcomes. Difference in health outcomes such as infant mortality, by race and ethnicity, can predict future public health challenges for families, communities and the health care system.

#### GOAL 1

Increase access to quality primary, preventative and sub-specialty care for infants, children and adolescents.

#### GOAL 2

Reduce infant morbidity and mortality.

#### GOAL 3

Reduce maternal morbidity and mortality.

#### GOAL 4

Improve preconception and interconception health.





# Mental Well-being and Substance Abuse Prevention

Mental and emotional well-being enables individuals to realize their own abilities, cope with the normal stresses of life, work productively and contribute to their communities.

#### GOAL 1

Reduce the impact of adult mental, emotional and behavioral health disorders.

#### GOAL 2

Reduce the impact of pediatric mental, emotional and behavioral health disorders.

#### GOAL 3

Reduce substance use disorders and drug overdose deaths.

#### GOAL 4

Reduce suicide behaviors and deaths.





# Social and Economic Factors Contributing to Health

Social and economic factors contributing to health are the conditions in the environments where people live, work and play that influence health throughout the lifespan. These factors, including but not limited to income, employment, social supports, literacy skills and transportation have a major impact on people's ability to lead long, healthy lives.

#### GOAL 1

Expand access to high-quality educational opportunities for all across the lifespan.

#### GOAL 2

Improve access to high-quality health care services for all across the lifespan.

#### GOAL 3

Support communities to promote healthy, interconnected and safe environments.

#### GOAL 4

Enhance opportunities to foster economic vitality and resilience for all people.





# Transmissible and Emerging Diseases

Infectious organisms that are primarily acquired and transmitted through sexual activity cause many harmful, often irreversible and costly clinical complications in reproductive, fetal and perinatal health. Other emerging infectious agents pose the threat of disease outbreaks. Prevention, treatment and diagnostic strategies are essential.

#### GOAL 1

Eliminate HIV transmission and reduce HIV-related deaths.

#### GOAL 2

Reduce sexually transmitted infection rates.

#### GOAL 3

This Goal is currently under review.

#### GOAL 4

Improve population health by preventing, detecting and responding to existing and emerging health threats.



Notes



